

# • • • ANGELICA A. ACOB, CMT • • •

(650) 580-8687

angelica.acob@yahoo.com

angelicaacob.wix.com/massage

MODALITIES	<b>Swedish</b> <b>Deep Tissue</b>	<b>Trigger Point</b> <b>Zen Shiatsu</b>	<b>Chair Massage</b>
EDUCATION	<b>San Francisco School of Massage &amp; Bodywork, San Francisco, CA</b> <b>Massage Therapist Program, 500 Hours</b> <b>Zen Shiatsu Massage Program, 125 Hours</b> Workshops taken: <ul style="list-style-type: none"><li>• Relieving Low Back Pain</li><li>• Dynamic Stretching &amp; Mobilization</li><li>• Sports Massage</li><li>• Ortho-Bionomy</li><li>• Cranial-Sacral</li><li>• Lymphatic Massage</li><li>• Trigger Point Therapy</li><li>• Advanced Neck Work</li><li>• Foot Reflexology</li><li>• Chair Massage Essentials</li></ul>		
			12/2013 06/2013
	The Art Institute of California – San Francisco, San Francisco, CA B.S. – Media Arts & Animation, Honors List		06/2012
EXPERIENCE	<b>Opower, Inc., San Francisco, CA</b> <b>Certified Massage Therapist</b> <ul style="list-style-type: none"><li>• Provide 15 minute chair massage sessions to employees</li></ul>		
			09/2014 – Present
	<b>International Orange Spa, San Francisco, CA</b> <b>Certified Massage Therapist</b> <ul style="list-style-type: none"><li>• Performed massage treatments in 45, 60, and 90 minute sessions</li><li>• Communicated with clients throughout sessions to assure needs are met</li><li>• Promoted add-on services based on clients' needs</li><li>• Maintained cleanliness of work area, equipment, and supplies</li><li>• Documented session notes on spa's booking software</li></ul>		
			02/2014 – 09/2014
	<b>San Francisco School of Massage &amp; Bodywork, San Francisco, CA</b> <b>Student Clinic Massage Practitioner</b> <ul style="list-style-type: none"><li>• Performed three 50 minute integrated bodywork sessions in 4 hour shifts</li><li>• Communicated with clients throughout sessions to assure needs are met</li><li>• Maintained cleanliness of work area, equipment, and supplies</li></ul>		
			11/2012 – 12/2013
	<b>Zen Shiatsu Teaching Assistant</b> <ul style="list-style-type: none"><li>• Assessed students' needs and areas needed for improvement</li><li>• Demonstrated correct techniques and applications of lessons to students</li></ul>		
			08/2013 – 11/2013
	Creativity, Inc., San Carlos, CA Digital Artist <ul style="list-style-type: none"><li>• Created scenes for children's educational app in Illustrator</li><li>• Used proprietary software for animatronic puppeteering</li><li>• Animated short sequences for children's toy in Photoshop</li><li>• Organized and maintained project data for toy production</li><li>• Rotoscoped and cleaned up animations in Flash</li></ul>		
			08/2012 – 11/2013
ASSOCIATIONS	<b>California Massage Therapy Council (CAMTC), CMT Certification # 49346</b> <b>Associated Bodywork and Massage Professionals (ABMP), ID # 1033453</b>		